

Strengthening

CALAVERAS

Families

Growing great kids.



Nurturing Skills for Families

Facilitated by Heather O'Brophy, MFT, MSW

In this 5-part interactive series parents, grandparents, and caregivers will gain information, techniques and strategies to help children:

- Develop positive self-worth by having and setting appropriate expectations
- Develop a sense of caring and compassion by building empathy
- Increase self-awareness and acceptance of family roles
- Develop a healthy sense of empowerment and independence

Workshop meets:

Sep 16, 23, 30, and Oct 7, 21
6:00 - 8:00 pm

Mark Twain Elementary School District Conference Room

981 Tuolumne Avenue
Angels Camp, CA 95222

A light meal and snacks will be provided.

Children's Workshops are available for children 3-12 years old. Call for reservations.

Register now for this fun, informative series.

Certificate of Completions provided at the end of the series.

Parent Counseling - Nurturing Parenting Workshops
Mindfulness Parenting workshops - Seminars - More!

Call Today! 1-888-787-3654

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